

Quick Basic way of using the THE SPACE HEALER

If you do not have the time to study the operation and application manuals in detail and you would like to put the space healer to immediate use. The following is the most basic and effective way to help you maximize the benefit of your Space Healer.

First turn on the power by pressing the “on” button ①.

You are now operating in the basic mode of 60hertz frequency.

Reset your device by first holding down the “■” rear button and then give the “⊖” front button a push, then let go of the “⊖” button. By so doing, you clear all the previous mode settings in the memory and return the power to zero. You should make a habit of resetting your device in the beginning of every treatment so that you do not zap yourself or others accidentally.

For quick pain relief, locate the most painful spot by pressing with your thumb or fingers exploring over the general painful area, the person will often respond with an “Ouch!” when you press on those spot firmly. Identify several such tender spots and start the treatment with the most tender spot.

Press the device firmly on this painful spot and gradually increase the power (pressing the button ⊕ or right button) to the maximum tolerable to you or the person being treated and treat for two to five minutes.

For treating muscular skeletal and joint problems, have the person move the part under treatment actively – rotation, flexion, extension etc. You can also rub the device into the joint or ligament slowly in circularly motion. This will increase the contact surface and give you benefit results. But it is also more sharp in sensation.

Sometimes in the course of treatment, you or the person being treated will experience a strong electrical sensation deep inside and sometimes you feel a sensation radiate up or down the body. This is like getting the QI in acupuncture or your nerve has been woken up. This is a very good reaction. Do not back off or reduce the power unless it is too painful. Endure this strong reaction for another minute or two. Then locate the second more tender spot and treat likewise. You may only need to treat two or three spots quickly to get good relief. If the area being treated is smooth such as the back or neck, finish off the treatment by sweeping the area with the device snugly pressed against the skin.

You are more likely to get good result with this firm pressing technique than just superficial rubbing on the skin. Exception is when you perform a facial treatment. In which case, it is not necessary to press very hard on the skin.

For treating the gum problem, you need to press the device firmly on the face overlying the gum area.

For pain over the organ area, you treat the tender spots first if you can locate them before you rub the electrode slowly and maintaining good contact over a large area such as abdomen, liver, chest at comfortable power.

A very useful way to treat any problem is to use the AM and FM mode simultaneously. This is done by pressing the “⊖” button to lit up the AM led and quickly push the “⊕” button to lock on the mode while the led light is still on. Do the same for the FM mode. This is the most dynamic way to use the Space Healer.

SPINAL DETOXIFICATION

Treating your spine daily with the Space Healer will improve your overall health and is

the basis for the treatment for all health problems.

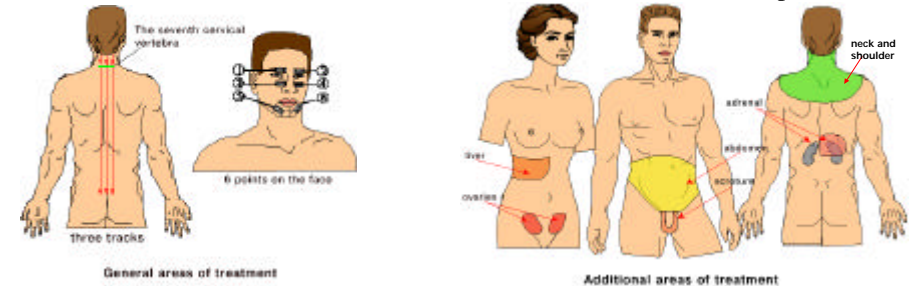
Place the Space Healer with the AM and FM setting on along the spine from the base of the Skull or hairline to the base of the spine, the coccyx. Place the Space Healer on each location for one or a few minutes and move the Space Healer to adjacent spot until the whole spine is covered. Do the middle then the right and left side of the spine. It may take half an hour or longer each time. It does not matter how long you can spend treating your spine. Just try to do that regularly as often as possible.

The above procedure can be performed with the help of another person, the special L-shaped handle or simply lying over the device in bed.

As you move over a skin area, and you notice there is stickiness felt between the skin and the electrode, this indicates that this is the problem area and you need to spend more time working on it until the stickiness is gone or much reduced.

If during the treatment, there appears some redness or unusual sensation in area outside of your treatment area. This new area calls for treatment. Your body is telling you where to treat.

For general health problems, run the electrode over the whole spine (three tracks), the six points on the face, the liver, the abdomen, the ovaries and the uterus (lower abdomen above the pubic bone) for female and the scrotum for man and the adrenal area. See picture.



Regular treatment in this manner over the spine will improve your overall health.

You can try different modes or different frequencies in the F mode if you are not getting the good result.

The **F mode** is used if movement of the electrode is needed for relatively large area with quicker movement of the electrode

Select the **FM mode** of operation by pressing the button ■ and keep pressing it in step until FM LED is lit up and while it is lit up, press the button ⊕ to turn on the FM mode.

The FM mode gives you a sweeping frequency from 10 to 120 hertz in seven seconds cycle. It is usually used when the device is held stationary during treatment

The **AM mode** gives you an intermittent 3 seconds on and 1 second off of electrical stimulation. It can be used for stimulation of paralysed muscle or for muscle training.

The **Dosed mode, D**, is for automatic treatment on spot or acupuncture points or 3 tracks spinal detoxification treatment. The device will signal when the treatment is enough for that spot or point. You can then move to adjacent area down the spine.

To turn the device off, press down the buttons ■ and ⊖ / ⊕ simultaneously for one second. Only the power has been turned off. The device will store all the parameters in its memory unless you perform a reset.

If you are confused to the parameters being used, you can clear all the memory by **resetting the device**. To reset, hold down the mode button ■ with one finger and with another finger press the powder button ① once. Then let go of the mode button.