

12 Reasons to reject fluoridation!

1. Only individuals have the right to decide if they or their children take *drugs. This point should end the debate on compulsory artificial fluoridation. (*The U.S. Food and Drug Administration clearly show that fluoride is not a food, nutrient or dietary supplement. They state, Sodium fluoride used for therapeutic effect [Ed. e.g. fluoridation] would be a drug, not a mineral nutrient. F.D.A. 1963.)
2. Claiming fluoride is natural as it can be found in the Earth's crust or water is misleading. You can similarly claim that arsenic, mercury, radium and other poisons, also found in earth or water, are natural. Fluorides in fluoridation are toxic waste from fertiliser factory chimneys.
3. Fluoridation is undemocratic. Before major decisions, people have a right to hear both sides, not just propaganda. We have an inalienable right to have a say (referendum) if we choose.
4. Of every 10,000 litres of public water fluoridated, probably less than 1 litre is drunk by young children, with 9,999 litres used for thousands of other purposes, e.g. agricultural, industrial, cleaning, aquariums, pools, food processing, vehicular etc. Many children prefer milk or juices.
5. Doctors have legal and medical restrictions in prescribing drugs. The patient's medical history, age, weight, sex, illnesses, susceptibilities and other drugs taken, must all be determined. After an adequate medical examination, prescriptions must be for a specific drug, duration, person and dose - never 'take this whenever you're thirsty'!. Adverse side-effects must be explained. No doctor in their right mind would medicate an entire population, let alone for all their lives.
6. Among experts, the controversy rages over fluoridation. Leaving aside who's right, if the safety of any drug is so hugely controversial, doesn't common sense demand that it not be used at all, let alone be forced on millions of people, for all their lives.
7. Less than 4% of the world's population is fluoridated, despite 50 years of massive, world-wide, well-financed, media protected propaganda. With such a huge rejection or failure to take up fluoridation in other countries and all of west continental EU, why would we want to?
8. Fluoride is so toxic, it has a major disease named after it: fluorosis. Next to dental caries, the most common damage to teeth is caused by fluoride; dental fluorosis. This white to brown mottling [breakdown of the tooth structure] is the first visible sign of chronic fluoride poisoning of the body. All three major Australian government inquiries into fluoridation (Tas 1968, Vic 1979, ACT 89-91) reported that up to 10% of children will develop mottled teeth if water is fluoridated. In practice, this figure is as high as 48% (UK Govt. York Report, 2000).
9. The World Health Organisation's International Agency for Cancer Research stated sodium silicofluoride [as used for fluoridation in Australia] is, "... an insecticide, fungicide, bactericide and rodenticide [rat poison] .. [and] a fluoridating agent for municipal drinking-water".
10. Decay is caused by a poor diet and lots of devitalised sugar and other carbohydrates (22 teaspoons of sugar a day, 44 kilograms average yearly). The only reason for badly decayed teeth is they weren't serviced earlier. Parents often can't afford the high costs of dentists (earning up to \$500,000 yearly). However, no one should use drugs to try to handle children's eating problems.
11. Authorities often make mistakes. Fluoridation is claimed to be safe, but so was DDT, Copper 7, 24-D, the Dalkon Shield, 245-T, Deildrin, Thalidomide and more recently - Vioxx - all shown, later, to be harmful or deadly. But at least they weren't compulsory. Fluoridation is!
12. If someone tried to force us to take a pill every time we drank a glass of water, we'd suggest they go where it's eternally hot. The only difference with fluoridation is that the pill is dissolved in the water before they make us take it.

Dennis Stevenson, Parliamentary Member, ACT Govt. Fluoridation Inquiry 89-91.
All answers can be fully evidenced. johannaz@dodo.com.au